

## Providence School Illness Guidelines

Symptom/Illness	Should <u>NOT</u> attend school or work:	May attend school or work:
<b>Positive COVID19 Test</b>	*With a positive test for COVID19	*After 10 days minimum have passed including no fever with improvement in symptoms for 48 hours
<b>Symptoms of COVID19</b>	<p><b>1 High Risk Symptoms and/or</b></p> <ul style="list-style-type: none"> <li>*New cough and/or difficulty breathing</li> <li>*Loss of taste or smell</li> <li>*Fever (&gt;100°F)</li> </ul> <p><b>≥2 Low Risk Symptoms</b></p> <ul style="list-style-type: none"> <li>*Chills</li> <li>*Congestion/runny nose and/or sore throat</li> <li>*Nausea/vomiting and/or diarrhea</li> <li>*Headache, muscle/body aches and/or fatigue</li> </ul>	<p>*<b>After 10 days minimum</b> have passed including no fever with improvement in symptoms for <b>48 hours</b> <u>OR</u></p> <p>*With a <b>COVID19 negative test</b> <u>after</u> onset of symptoms AND no fever and improvement of symptoms for <b>48 hours</b> <u>OR</u></p> <p>*With <b>written documentation</b> from a medical healthcare provider with return to school information AND no fever with improvement of symptoms for <b>48 hours</b> is provided</p>
<b>Exposure to person with confirmed COVID19 positive test</b>	<ul style="list-style-type: none"> <li>*Close contact is defined as &lt;6ft of a positive case for ≥15 minutes in a 24 hour period of time</li> <li>*Resides with someone who tested positive to COVID19</li> <li>*Those living in the same household with the positive case are considered close contacts and may need to stay home longer with ongoing exposure (consult school nurse or local health department for guidance)</li> </ul>	<p>*<b>On day 7</b> (return to regular activities on <b>day 7</b> and monitor for symptoms up to day 14 and should wear a mask) after exposure to person with confirmed COVID19 <b>AND</b> proof of <b>negative COVID19</b> test taken on <b>day 6</b> from last exposure <b>AND</b> symptom free <u>OR</u></p> <p>*<b>After day 10</b> (return to regular activities on <b>day 11</b> and monitor self for symptoms up to day 14 and should wear a mask) of exposure to a person with confirmed COVID19 <b>AND</b> symptom free</p> <p>*With provided documentation of positive COVID19 within 90 days of a new exposure</p> <p>*Fully vaccinated (2 weeks post last dose in a series) individuals are not required to quarantine. <b>Proof required.</b></p>
<b>Influenza</b>	<ul style="list-style-type: none"> <li>*Fever (&gt;100°F)</li> <li>*Cough</li> <li>*Congestion/runny nose and/or sore throat</li> <li>*Body aches and/or fatigue</li> <li>*Vomiting and/or diarrhea</li> </ul>	*With <b>written documentation</b> from a medical healthcare provider with return to school information AND no fever with improvement of symptoms for <b>48 hours</b> is provided
<b>Sore Throat</b>	<ul style="list-style-type: none"> <li>*Sore throat with swollen lymph nodes</li> <li>*Positive culture for strep throat</li> </ul>	<p>*After resolution of accompanying symptoms for at least 24 hours. No fever for <b>24 hours</b> without the use of fever reducing medications.</p> <p>*<b>After 24 hours</b> on antibiotics, if positive for Strep</p>
<b>Cough</b>	*Frequent, uncontrollable, disruptive	*When cough is infrequent, non-disruptive
<b>Conjunctivitis (pink eye)</b>	<ul style="list-style-type: none"> <li>*Eye redness, itching, irritation, swelling in one or both eyes</li> <li>*Thick and purulent (pus) discharge</li> <li>*Matted eyelashes</li> </ul>	<p>*<b>Bacterial Conjunctivitis</b>- after 24 hours of starting antibiotics drops</p> <p>*<b>Viral Conjunctivitis</b>- with note from the doctor stating "No longer contagious"</p>

<b>Diarrhea or Vomiting</b>	*Diarrhea/vomiting occurs within 24 hours of school <b>starting</b> time	*If free from diarrhea/vomiting for >24 hours *When able to tolerate regular food *If no fever for <b>24 hours</b>
<b>Pediculosis (Head Lice)</b>	*Live lice are present	*With proof of treatment <b>OR</b> *With physician or the school nurse confirming lice free
<b>Rash or Skin Infection</b>	*Rash or signs of skin infection that have not been seen by a doctor *Temperature $\geq 100^{\circ}\text{F}$	*When rash free or written release from doctor *After 24 hours on antibiotics/antifungals for skin infection *If no fever for <b>24 hours</b>
<b>Chicken Pox (Varicella)</b>	*Itchy, pink/red rash with small fluid filled blisters *Temperature at $100^{\circ}\text{F}$ or above	*When all lesions are crusted over and dry with no new lesions, usually 5-7 days *If no fever for <b>24 hours</b>